



**ST. ANDREW'S
NURSING HOME**

Basic Certificate in Mental Health Nursing



Course Overview

This course is designed to equip learners with the essential knowledge and practical skills needed to provide high-quality care for individuals with mental health issues in the community setting. Based on the AIC Mental Health Competency Framework 2020, the curriculum covers 3 core Learning Units (LUs):

1. **LU 1:** Mental Health Education
2. **LU 2:** Care of Persons with Mental Health Issues
3. **LU 3:** Managing Behaviors of Concern

Course Aim

To prepare learners to understand mental health disorders, effectively manage behaviors of concern, and provide compassionate care to individuals with mental health conditions.

Target Audience

Registered Nurse, Enrolled Nurse in the ILTC sector

Teaching Methodology

Lecture (Classroom and Asynchronous), Group Discussion, Self-Directed Learning and OJT



Course Duration

10 days; 9.00 AM – 6.00 PM (5 days theory + 5 days OJT)

Course Run

1. Run 1: Oct 2025

16 Oct, 17 Oct, 23 Oct, 24 Oct, 30 Oct

2. Run 2: Nov 2025

13 Nov, 14 Nov, 20 Nov, 21 Nov, 27 Nov

Venue

St. Andrew's Nursing Home (Buangkok), 60 Buangkok View, Singapore 534012

Course Fees

\$1,000 (before GST)

How to Register?

Please email Ms Carine Lee, carine_lee@sanh.org.sg